Foresters Life Insurance and Annuity Company Subaccount Reallocation Form for Life and Annuities



INFORCE SERVICES DEPARTMENT Raritan Plaza I, P.O. Box 7836 Edison, New Jersey 08818-7836 1-800-832-7783 www.foresters.com

Na Na	/ 0	(Phon	e#):						
A.	Please check one of the products below:								
	ISP Choice								
	Single Premium Variable Life								
	Variable Universal Life								
	First Choice Annuity								
	First Choice Bonus Annuity								
В.	B. <u>Select the option that applies to your request:</u>								
	Please change the allocation to the percentages shown in column(2)*(Affects future deposits/premiums)								
	Please reallocate my Accumulation Value to the percentages shown in column(2) (Affects current value)								
column(2) (Affects current value and future deposits/premiums)									
	Please rebalance my allocations with the selection currently on file (Affects current value) (Do not complete								
	Section C)								
	Please make a dollar amount transfer shown in column(3) from the Subaccounts shown in column(1) to the								
	Subaccounts shown in column(4) (minimum transfer amount to any one account is \$100 in whole dollar amount								
	only) (Affects current value)								
C.	Select Funds: (1)	(2)	(3)	(4)					
	Subaccount Series	Allocation %	<u>Transfer Amount Out</u>	<u>Transfer Amount In</u>					
	Delaware VIP Fund for Income								
	Delaware VIP Growth Equity								
	Delaware VIP Equity Income								
	Delaware VIP Growth and Income								
	Delaware VIP Opportunity								
	Delaware VIP Limited Duration Bond								
	Delaware VIP Special Situations								
	Delaware VIP International								
	Delaware VIP Total Return								
	Delaware VIP Investment Grade								
	GS Gov Money Market								
	Fixed Account^								

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D. <u>Signatures</u>			
	Signature of Owner #1	Date	
	Signature of Owner #2	Date	

*If the Automated Subaccount Reallocation Option is in effect for your contract/policy, the allocation will become effective on the first Business Day of the Contract Quarter that next follows the date on which we receive the request

^Fixed Account

- 1. Single Premium Variable Life
 - a. Maximum amount 25% or 50% for policies issued before 10/1/08
 - b. Transfer to the Fixed Account must not cause the ratio of the Fixed Account to the Accumulation Value to exceed 25% or 50% for policies issued after 10/1/08.
 - c. Transfer from the Fixed Account are limited to the greater of \$1,000 or 25%
 - d. Limit one transfer to or from per any 12 month period
- 2. ISP Choice, Variable Universal Life, First Choice, & First Choice Bonus
 - a. Maximum amount 50%
 - b. Transfer to the Fixed Account must not cause the ratio of the Fixed Account to the Accumulation Value to exceed 50%
 - c. Transfer from the Fixed Account are limited to the greater of \$1,000 or 25%
 - d. Limit one transfer to or from per any 12 month period